Test Your Hearing Acuity

1. Do you find it difficult to follow a conversation in a noisy restaurant or crowded room?
   - Yes  □  No  □  Sometimes  □

2. Do you sometimes feel that people are mumbling or not speaking clearly?
   - Yes  □  No  □  Sometimes  □

3. Do you experience difficulty following dialog in the theater?
   - Yes  □  No  □  Sometimes  □

4. Do you sometimes find it difficult to understand a speaker at a public meeting or a religious service?
   - Yes  □  No  □  Sometimes  □

5. Do you find yourself asking people to speak up or repeat themselves?
   - Yes  □  No  □  Sometimes  □

6. Do you find men’s voices easier to understand than women’s?
   - Yes  □  No  □  Sometimes  □

7. Do you experience difficulty understanding soft or whispered speech?
   - Yes  □  No  □  Sometimes  □

8. Do you sometimes have difficulty understanding speech on the telephone?
   - Yes  □  No  □  Sometimes  □

9. Does a hearing problem cause you to feel embarrassed when meeting new people?
   - Yes  □  No  □  Sometimes  □

10. Do you feel handicapped by a hearing problem?
    - Yes  □  No  □  Sometimes  □

11. Does a hearing problem cause you to visit friends, relatives or neighbors less often that you would like?
    - Yes  □  No  □  Sometimes  □

12. Do you experience ringing or noises in your ears?
    - Yes  □  No  □  Sometimes  □

13. Do you hear better with one ear than the other?
    - Yes  □  No  □  Sometimes  □

14. Have you had any significant noise exposure during work, recreation or military service?
    - Yes  □  No  □

15. Have any of your relatives (by birth) had hearing loss?
    - Yes  □  No  □

Scoring:
- 2 points if you answered Yes
- 1 point if you answered Sometimes
- 0 points if you answered No

Scores of 3 or more: may mean that you have a hearing problem.
Scores of 6 or more: strongly suggest that a hearing check is needed